GENERAL GUIDE TO THE ROAD RACES

EDINBURGH, LOCH LOMOND & GLASGOW

5-6, 8 & 12-13 AUGUST 2023

cyclingworldchamps.com #GlasgowScotland2023
“I warmly welcome you to the 2023 UCI Cycling World Championships. This is a ground-breaking event for cycling, and I am delighted that you are part of it! Thank you for supporting this event and the world’s best athletes. Excitement is guaranteed. Enjoy!”

David Lappartient
UCI President

“On behalf of the Scottish Government, welcome to the 2023 UCI Cycling World Championships. The Championships provides the opportunity to show the best of Scotland, including our people and our culture. Whether you live in Scotland or have travelled here for the event, we are very pleased to host you.”

Angus Robertson MSP
Cabinet Secretary for Constitution, External Affairs and Culture

“The 2023 UCI Cycling World Championships will help cycling inspire a generation by reaching new audiences, uplifting communities and inspiring positive change across Scotland, the United Kingdom and around the world. This event showcases UK Sport’s ambition to host the most innovative and exciting events in the global sporting calendar.”

Dame Katherine Grainger DBE
Chair, UK Sport

“Thank you for joining us for the 2023 UCI Cycling World Championships - we hope you have an unforgettable experience at the biggest cycling event ever! Our team has worked incredibly hard to deliver this inaugural event and I hope it proves, once again, why Scotland is the perfect stage.”

Paul Bush OBE
Chair of the 2023 UCI Cycling World Championships

“Glasgow knows a thing or two about sport – but, perhaps, even more about providing amazing support. So, no matter if you live here, or are just on loan to us for a few days, I know you will be ready to help create a special atmosphere. Enjoy yourself – and make sure they hear you!”

Susan Aitken
Leader, Glasgow City Council

“What really sets our country apart is the cacophony of noise our fans create in the velodrome, your encouragement on the roadside and mountainside and the overwhelming sense of joy and community you create. I hope that you enjoy your time at the event, and I’ve no doubt that you’ll do us proud once again.”

Jon Dutton OBE
CEO, British Cycling
HISTORY OF ROAD RACES

The history of the professional Road Race World Championships dates back almost 100 years and the rules are simple: fastest wins. There’s a lot more to these Championships than simply raw speed though.

For the Road Races, pace setting, strategically timed attacks and gutsy breakaways will separate race leaders from the peloton, as they take on Scotland’s breathtaking landscapes.

National team ‘domestiques’ will work together on the testing roads between Edinburgh, Loch Lomond and Glasgow and the technical Glasgow circuit, as they support their ‘captain’ to victory for the coveted rainbow jersey.

Determination, stamina, speed and finding the best race lines are the key attributes for the Individual and Mixed Relay Team Time Trials.

Mental and physical toughness is mandatory for all road disciplines.
## GETTING TO THE ROAD RACES
### GENERAL TRAVEL INFORMATION

#### When planning your journey
- Road traffic and travel updates are available on the [Traffic Scotland website](#).
- Public transport updates are available on the [Traveline Scotland website](#) and on the Traveline Scotland app.
- You can also phone the [Traffic Customer Care Line on 0800 028 1414](#) for road travel information and [Traveline Scotland on 0141 465 1878](#) for public transport information.

#### Accessible parking
There is some dedicated Blue Badge parking at our Edinburgh and Balloch Road Race start locations. There is no cost to park, but you do need to book in advance as spaces are limited and will be allocated on a first come, first-served basis.

Once your booking has been confirmed, you will receive an electronic copy of your parking pass for the day via email. There is no need to print this off however, as there may be limited mobile signal at start venues, taking a screenshot of the pass may be helpful.

Printed passes will be accepted, although there will be checks in place to ensure these are not duplicated. To book your parking pass, please contact [accessibility@cyclingworldchamps.com](mailto:accessibility@cyclingworldchamps.com).

**Glasgow Circuit and George Square finish**: Please note there is no dedicated Blue Badge parking for the Glasgow Circuit that can be booked in advance. You will need to make use of existing provision within the city centre. These fill up quickly and will be available on a first-come, first-served basis only.

#### Camping and camper vanning
Please be aware that there is no provision for campervans in the area surrounding the venue.

If you are considering camping or using a campervan during your trip, please read the [Scottish Outdoor Access Code Guide to Responsible Camping in Scotland](#) to make sure you, and others have the best possible experience. Please book your campsite space in advance.

**Glasgow Circuit and George Square finish**: Glasgow has a strict policy of no camping, caravanning and camper vaning within the city boundaries. Please book a pitch on one of the many commercial camp sites outside the city and travel in via public transport.

Use the useful camping and caravan site links below:
- [Edinburgh & The Lothians](#)
- [Balloch](#)
- [Greater Glasgow & Clyde Valley](#)
### Hints & tips for your journey

Here’s our top travel tips to enjoy the Road Cycling at the Championships:

- There’s no need to travel to the Road Race and Time Trial start and finish locations. Simply refer to the event route maps below and walk or cycle to your closest point to see the action!

- If you do intend to travel to event start and finish points in Edinburgh, Balloch (Loch Lomond) and Glasgow, be aware they will be busy and please use public transport to reach them. There is no dedicated spectator parking at start and finish locations.

- Road closures and parking restrictions will be in place along race routes. Walk, wheel or cycle to the route for the easiest way to catch the action. Please do not lock or chain cycles to route barriers.

- Bus services will be impacted with diversions in place. Plan ahead and allow extra time for your journey. Visit Traveline Scotland for more information and use the public transport journey planner to plan your journey.

- If you do need to drive, please park responsibly. Do not park on the race routes, in laybys or on road verges.

- If you are planning on driving into Glasgow at any point, please be aware that from 1 June 2023, a Low Emission Zone (LEZ) has come into force in Glasgow City Centre. All vehicles entering the city centre zone area will need to meet the less-polluting emission standards or face a penalty charge. More information on this can be found on the Glasgow City Council website.

- Remember to be responsible and watch from a safe location.

---

### START & FINISH VENUES

If planning to watch the races from any of our Start or Finish locations, you’ll find the following facilities available:

- **Spectator viewing:** Standing spectator viewing areas available and accessible viewing platforms at Start and Finish venues.

- **Accessible viewing areas** will be signposted and will be located near the start line and in front of the podium. These are available on a first come, first served basis and the capacity of these is limited.
GETTING TO THE ROAD RACES

START & FINISH VENUES (CONT.)

• Spectator facilities: The start and finish venues will include the following facilities:
  • Toilets and accessible toilets
  • Food and beverage options
  • Merchandise

• An information point will be located (and signposted) near to the podium where you can find out more about the event, the race and the local area.

ROUTE

If planning to watch the races along the route, be mindful that there may not be spectator facilities such as toilets available for you to use.

Stewarded pedestrian crossing points will be in operation to get across the route safely. Please heed advice and instructions from stewards and course officials and stay safe.

PLANNING AHEAD

Cycling is an all-weather sport and Scotland’s temperate maritime climate means the weather can change quickly in one day. Remember to check the forecast and pack appropriate clothing and footwear.

We also recommend that spectators bring sunscreen, sunglasses and non-aerosol insect repellent.
GETTING TO THE ROAD RACES
BE A CHAMPION SPECTATOR

Follow these handy tips for your visit:

• **Be A Good Sport:** We’d love to see your photos on social media - don’t forget to tag #PowerOfTheBike and #GlasgowScotland2023!
  - Filming and photography must be for personal, non-commercial purposes only.
  - Flash photography and drones are prohibited.
  - When taking pictures, make sure to stay behind the course boundary and stay safe.

• If you’re planning to watch the action along the route, please don’t park on the race routes, in laybys or on road verges. Don’t get in the way of the peloton or individual riders or take selfies as the race approaches or goes past you.

• **Be A Team Player:** When enjoying the race at the start and along the course, keep to the paths (where available), respect the local community and take your rubbish with you when you leave.

• **Children:** Always supervise children, keep them safe and back from the edge of the road.

• **Dogs:** Keep dogs on leads. Although dogs can be brought to the route, only assistance dogs are permitted in enclosed areas of the Start and Finish venues.

• Don’t impede the barriers or branding.

• **Selfies:** Remember, taking selfies is fun, but turning your back on the race is never a good idea. Please face the oncoming riders and race convoy at all times.
The Road Races

These Championships will pit riders against each other in an all-out battle for supremacy of Scotland’s roads. While this is a team sport, there’s only one rainbow jersey up for grabs. Who will come out on top will be decided on the roads between Edinburgh or Loch Lomond and Glasgow, and the Glasgow Circuit.

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT DETAILS</th>
<th>LOCATION/START–FINISH</th>
</tr>
</thead>
<tbody>
<tr>
<td>DAY 3 5 August</td>
<td>Women Junior Road Race &lt;b&gt;♀&lt;/b&gt;</td>
<td>All - Start &amp; finish at George Square</td>
</tr>
<tr>
<td></td>
<td>Men Junior Road Race &lt;b&gt;♀&lt;/b&gt;</td>
<td>All - Start &amp; finish at George Square</td>
</tr>
<tr>
<td>DAY 4 6 August</td>
<td>Men Elite Road Race &lt;b&gt;♀&lt;/b&gt;</td>
<td>Start at Scottish Parliament, Edinburgh &gt; 10 laps of Glasgow circuit &gt; Finish at George Square, Glasgow</td>
</tr>
<tr>
<td>DAY 10 12 August</td>
<td>Men Under 23 Road Race &lt;b&gt;♀&lt;/b&gt;</td>
<td>Start at Balloch, Loch Lomond &gt; 7 laps of Glasgow circuit &gt; Finish at George Square, Glasgow</td>
</tr>
<tr>
<td>DAY 11 13 August</td>
<td>Women Elite Road Race (inc. Women Under 23 Road Race) &lt;b&gt;♀&lt;/b&gt;</td>
<td>Start at Balloch, Loch Lomond &gt; 6 laps of Glasgow circuit &gt; Finish at George Square, Glasgow</td>
</tr>
</tbody>
</table>

The Individual Time Trials will also take place as part of the Cycling World Championships in Stirling - please see our separate spectator guide for information about this event.

Schedule information is correct at time of publishing - any changes (and more non-competition related timings and information) can be found at: www.tissottiming.com/cyclingworldchamps.
Team Time Trial Mixed Relay

This event sees squads of six - three women and three men - race a road circuit in turn. The men go first and race their lap as quickly as they can. The women can only go when the second man reaches them. The women push the pace and when the second woman crosses the finish line, the team has their time.

**DATE**

**EVENT DETAILS**

**LOCATION/START-FINISH**

**DAY 6**

8 August

Team Time Trial Mixed Relay

Start at Argyle Street, Glasgow > Glasgow circuit > Finish at George Square, Glasgow

 Medal Event

Schedule information is correct at time of publishing - any changes (and more non-competition related timings and information) can be found at: [www.tissottiming.com/cyclingworldchamps](http://www.tissottiming.com/cyclingworldchamps).
Para-cycling Road Mixed Team Relay

Held on the Glasgow City Circuit, this event sees teams of three hand cyclists race a road circuit, one at a time. Coordination and communication are key as quick relay changes are essential to a medal finish.

Other Para-cycling Road events will take place around Dumfries. Please see our separate spectator guide for information about this event.

Schedule information is correct at time of publishing - any changes (and more non-competition related timings and information) can be found at: www.tissottiming.com/cyclingworldchamps.
Para-cycling has four divisions, which are split into Sport Classes. The lower the number of the Sport Class, the greater the impact of the impairment on the function.

**B TANDEM**
Athletes with partial or full visual impairments (stoker) ride on a tandem with a sighted pilot. Athletes are classified into B1-3 and compete together in one B class.

**C BICYCLE**
Athletes are classified in classes C1-5 and ride a standard two-wheeled bicycle which may have adaptations to account for an Athlete’s impairment.

**H HANDCYCLE**
Athletes who are unable to ride a bicycle or tricycle ride a handcycle. Athletes classified in H1-4 compete using an arm powered handcycle where a recumbent position is mandatory. Athletes classified in the Handcycle class H5 compete in an arm trunk powered handcycle from a neeling/sitting position.

**T TRICYCLE**
Athletes classified in classes T1-2 are unable to ride a bicycle due to lack of balance and/or severe restriction in pedalling due to a neurological impairment. These athletes ride a three-wheeled tricycle.

The purpose of Classification is to:
- Determine an athlete’s eligibility to compete
- Group athletes for competition based on functional ability (not performance)
- Minimise impact of impairment on competition outcome
SPORT
PARA-CYCLING CLASSIFICATIONS

PARA-CYCLING ROAD INTRODUCTION & CLASSIFICATION

UCI has set **Minimum Impairment Criteria** - Para-cycling recognizes 8 eligible impairments:

- **Impaired Muscle Power**
  - Reduced ability to voluntarily contract one or more muscles

- **Impaired Passive Range of Movement**
  - Restriction of movement in one or more joints

- **Limb Deficiency**
  - Total or partial absence of a limb

- **Leg Length Difference**
  - A difference of minimum 7cm between both legs

- **Hypertonia**
  - Increased muscle tension caused by damage to the central nervous system

- **Ataxia**
  - Uncoordinated movements caused by damage to the central nervous system

- **Athetosis**
  - Continual slow involuntary movements caused by damage to the central nervous system

- **Vision Impairment**
  - Reduced or no vision

**C Classification in Detail (and Ones to Watch)**

- **C1**
  - Limb deficiency or severe impairments affecting two or more limbs.

- **C2**
  - Single above knee amputation or moderate to severe impairments affecting two or more limbs.

- **C3**
  - Limb deficiency or moderate impairments affecting two or more limbs.

- **C4**
  - Limb deficiency or mild to moderate impairments affecting one or more limbs.

- **C5**
  - Limb deficiency or mild impairments affecting one limb.

**H Classification in Detail (and Ones to Watch)**

- **H1**
  - No lower limb function and trunk stability and severe impairments to their upper limbs with no handgrip.

- **H2**
  - No lower limb function and trunk stability and impairments to their upper limbs.

- **H3**
  - Impairments to their lower limbs and trunk with normal upper limb function.

- **H4**
  - Impairments to their lower limbs which make it impossible to ride a bicycle or use the kneeling position on the handcycle.

- **H5**
  - Impairments to their lower limbs which make it impossible to ride a bicycle - compete from a kneeling/sitting position.

**B Classification in Detail (and Ones to Watch)**

- **B1-3**
  - Partial to full visual impairments.

**T Classification in Detail (and Ones to Watch)**

- **T1**
  - Severe impairments affecting their coordination and/or pedalling, making it impossible to ride a bicycle.

- **T2**
  - Moderate impairments affecting their coordination and/or pedalling, making it impossible to ride a bicycle.
Watching the riders whoosh by is a thrilling experience - but please be mindful of your safety and take care not to block the route or impede the progress of riders.
Women Junior Road Race

WOMEN JUNIOR ROAD RACE
GLASGOW - GLASGOW
70.9km
Saturday 5 August 2023

LEARN MORE ABOUT ROAD RACES ON OUR WEBSITE >>
Men Under 23 Road Race
Women Elite Road Race (inc. Women Under 23 Road Race)
Team Time Trial Mixed Relay
Para-cycling Road Mixed Team Relay

Para-Cycling Road – Team Relay
GLASGOW – GLASGOW
08:30am (UTC+1), Saturday 13 August

Learn more about Para-Cycling Mixed Team Relay >>
Overview of Glasgow circuit
The great City of Glasgow needs no introduction... but the friendly folk of Scotland’s largest city will be sure to say hello!

Famous for its live music (Glasgow has been a UNESCO City of Music since 2008), striking architecture, marvellous museums and a UCI bike city, Glasgow becomes the epicentre for the 2023 UCI Cycling World Championships, hosting 8 of the 13 World Championships.

Glasgow is the location of the Official Fan Area, with the Champs inspiring lots of fun, free, local activities around the city. Learn more about Glasgow from the city’s own host region page on our website.
<table>
<thead>
<tr>
<th>Road Races</th>
<th>The Men and Women Junior Road Races, the Team Time Trial Mixed Relay and Para-cycling Road Mixed Team Relay all take place in Glasgow City Centre, and Under 23/Elite Road Races finish with laps of the Glasgow Circuit.</th>
</tr>
</thead>
</table>
| When planning your journey | • Road traffic and travel updates are available on the Traffic Scotland website.  
• Public transport updates are available on the Traveline Scotland website and on the Traveline Scotland app.  
• You can also phone the Traffic Customer Care Line on 0800 028 1414 for road travel information and Traveline Scotland on 0141 465 1878 for public transport information. |
| Location of finish line | George Square, Glasgow, G2 1EG (what3words///chat.owner.mimic) |
| Available modes | Rail  
Subway  
Bus  
Walk, wheel & cycle |
| Rail | Several train stations are close to the Glasgow Circuit including Glasgow Queen Street, which is immediately adjacent to George Square. Other stations nearby include Glasgow Central, Argyle Street and High Street.  
Glasgow Central and Glasgow Queen Street stations offer direct services to regional and national destinations, including London Euston, Manchester, Edinburgh, Aberdeen and Inverness.  
For more information on travel by train, visit National Rail or ScotRail. For more information and to plan your journey, visit Traveline Scotland. |
| Subway | Glasgow Subway follows a circular route with several stops in the city centre. Buchanan Street is the closest stop for those attending race finishes. Other nearby stops include St. Enoch and Cowcaddens.  
You can find out more about Glasgow Subway services at SPT. |
| Bus | There is a strong network of bus routes servicing Glasgow City Centre.  
Buchanan Bus Station is a 10-minute walk from the finish line on George Square. This offers access to local and regional bus services, as well as intercity coach services.  
Bear in mind, there will be road closures in Glasgow City Centre and the West End beginning 4 until 8 August (inclusive) and again on 12 and 13 August that may impact local bus routes.  
For more information and to plan your journey, visit Traveline Scotland. |
<table>
<thead>
<tr>
<th>Mode</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Walk, wheel &amp; cycle</td>
<td>Walking and cycling will be the easiest way to get around Glasgow during the Championships. Glasgow has a cycle hire scheme with hire locations throughout the city. Make sure you download the app and register so you can hire a bike. For more information, visit OVO Bikes powered by nextbike. There are public cycle parking facilities across the city centre.</td>
</tr>
<tr>
<td>Car</td>
<td>Driving will be difficult within Glasgow and the surrounding area due to road closures and limited parking, so avoid using the car if you can. If you need to drive, please allow plenty of time for your journey and consider parking outside the city and completing your journey by train or subway. <strong>Road closures</strong>: Bear in mind, there will be road closures in Glasgow City Centre and the West End beginning 4 until 8 August (inclusive) and again on 12 and 13 August that may impact local bus routes. Check the Get Ready Glasgow website for further information. <strong>Parking and accessible parking</strong>: There is no spectator parking for these events. If you do need to drive, park responsibly. For Blue Badge accessible parking, please use existing provisions within the city centre. Be aware that spaces fill very quickly and road closures will affect the availability of Blue Badge parking in surrounding areas. If you are planning on driving into Glasgow at any point, please be aware that from 1 June 2023, a Low Emission Zone (LEZ) has come into force in Glasgow City Centre. All vehicles entering the city centre zone area will need to meet the less-polluting emission standards or face a penalty charge. More information on this can be found on the Glasgow City Council website.</td>
</tr>
</tbody>
</table>
George Square Official Fan Area
Glasgow’s George Square is the location of the Official Fan Area and will host the Road Race finishes and medal ceremonies. The Champs are inspiring lots of fun, free, local activities around the city and there will be a full programme of events taking place here, showcasing the best of Glasgow’s music scene, come-and-try sport experiences and some fine food and drink.

Learn more about Glasgow from the city’s own host region page on our website.

| Official Fan Area opening/closing times |
|------------------|------------------|------------------|------------------|------------------|------------------|
| Date             | 2 August         | 3 August         | 4 August         | 5 August         | 6 August         |
|                  | 16:00            | 11:00            | 10:00            | 08:00            | 09:00            |
| Gates open       | 09:00            | 09:30            | 11:00            | 09:00            | 08:30            |
| Gates close      | 20:00            | 20:00            |

We expect the Road Race finishes at George Square to be extremely busy with spectators on competition days. However, there are plenty of places along the 14.3km Glasgow Circuit where you might find it more enjoyable to watch the sporting action and soak up the atmosphere.

The Circuit is lined with restaurants, cafés and coffee shops all ready and waiting to welcome visitors. Spectators may also want to tie this in with a visit to Kelvingrove Park or Kelvingrove Museum and Art Gallery, to some of the fantastic museums and amazing things to see and do within the city.
On road race days there will also be street entertainment combined with road race viewing areas to create a competition hub that appeals to all. Elsewhere there will be a number of fun-packed family days across the city.

**WHERE TO WATCH**

Go Live! Glasgow will be a fantastic multi-location programme of activity taking place across the full 11 days of the 2023 UCI Cycling World Championships. This accessible, inclusive, fun and free programme will promote cycling and wellbeing to different audiences.

Go Live! at Glasgow Green will include sporting come and try and family-orientated activities. Find out more about Go Live! Glasgow on the Glasgow Life website where you will find a full programme of events.

<table>
<thead>
<tr>
<th>Key course area/spots</th>
<th>City of Glasgow College</th>
<th>Kelvingrove Museum</th>
<th>Argyle Street (junction with Queen Street)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location</td>
<td>what3words///takes.solo.vision</td>
<td>what3words///dart.play.kings</td>
<td>what3words///fits.amuse.cities</td>
</tr>
</tbody>
</table>
| Description           | • Activation zone with expo from Santini, Shimano and Sea Sucker  
• Spectator screen opposite large grass area outside college  
• Outdoor performance | • Activation zone  
• Spectator screens  
• Outdoor performance | • Activation zone  
• Outdoor performance |
| Course features       | Hill climb at Montrose Street | Through the park and the hill climb |  |
| Services              | Toilet and café facilities inside the college, close to Glasgow’s Style Mile and in the heart of the city centre | Toilet and café facilities available in the museum, close to Glasgow’s West End full of boutique shops and eateries | Key retail zone, toilet and café facilities in nearby St Enoch’s Centre |
### Key distances

<table>
<thead>
<tr>
<th>GLASGOW</th>
<th>WHERE TO WATCH (CONT.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;&lt; Key distances &gt;&gt;</td>
<td></td>
</tr>
<tr>
<td>- 0.3 miles/5-10 minute walk from George Square</td>
<td></td>
</tr>
<tr>
<td>- 1.9 miles/44-minute walk from George Square</td>
<td></td>
</tr>
<tr>
<td>- 5 stops from Buchanan Street Subway station to Kelvinhall Subway station</td>
<td></td>
</tr>
<tr>
<td>- 0.3 miles/5-minute walk from George Square</td>
<td></td>
</tr>
</tbody>
</table>

### Suggested viewing locations along the Glasgow Circuit (see map below)

- St Vincent Street (secondary feed zone)
- Sunlight Way (Kelvingrove Park)
- Great George Street
- Kelvingrove Park (hairpin & climb to Park Terrace)
- Scott Street
- Cathedral Street (the primary feed zone)
- Rottenrow and High Street (descent from the cobbles)
- Montrose Street (hill climb)
SCOTLAND’S CAPITAL

Edinburgh is a city like no other. A UNESCO City of Literature and a UNESCO World Heritage Site, you’re never very far from amazing cultural and historic attractions and it’s one of Europe’s top city break destinations.

Home to ancient streets, gothic buildings, hidden pubs, outstanding eateries and some truly special cycling, come for the 2023 UCI Cycling World Championships and then stay a bit longer and explore more.

RACE INFORMATION

Edinburgh will host the start of the Men’s Elite Road Race on Sunday 6 August, with the race starting at 09:30. Teams will start arriving from approximately 07:00, and will be signing on and being presented to the public from 07:30.

Venue location
The race will start adjacent to the Scottish Parliament building on Horse Wynd, and the sign-on and expo area will be located in Holyrood Park, to the east of Holyrood Palace.
## Men’s Elite Road Race

The Men’s Elite Road Race starts in Edinburgh going up the Royal Mile and down The Mound to Stockbridge. Away from the city centre, there will likely be more space to watch the peloton sweep by.

### When planning your journey

- Road traffic and travel updates are available on the [Traffic Scotland website](#).
- Public transport updates are available on the [Traveline Scotland website](#) and on the Traveline Scotland app.
- You can also phone the Traffic Customer Care Line on **0800 028 1414** for road travel information and Traveline Scotland on **0141 465 1878** for public transport information.

### Location of start line

Horse Wynd, Edinburgh, EH99 1SP (what3words///habit.title.poppy)

### Available modes

<table>
<thead>
<tr>
<th>Mode</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rail</td>
<td>Waverley Station is located in Edinburgh city centre and just a 10-minute walk from the start and early stages of the Men’s Elite Road Race. Waverley is Edinburgh’s main train terminal. It is served by many local, regional and intercity train services. In the West End, Haymarket Station is a 25-minute walk to the race route at Raeburn Place and all services from the west and north pass through this station on their way to Waverley. Both stations offer step-free access, and assistance is available if booked in advance. For more information on travel by train, visit National Rail or ScotRail. For more information and to plan your journey, visit Traveline Scotland.</td>
</tr>
<tr>
<td>Tram</td>
<td>The Edinburgh tram connects Edinburgh City Centre with Edinburgh International Airport to the west and Newhaven to the north. The closest stop to the Road Race route is Princes Street which is just a 10-minute walk from the start. Trams are fully accessible, and most stops offer step-free access. Please note there might be disruption to some services during the race. Please check the Edinburgh Trams website for the latest updates.</td>
</tr>
<tr>
<td>Bus</td>
<td></td>
</tr>
<tr>
<td>Blue Badge parking</td>
<td></td>
</tr>
<tr>
<td>Walk, wheel &amp; cycle</td>
<td></td>
</tr>
</tbody>
</table>
**Bus**

Edinburgh has a great bus network with good connectivity to the start point and early stages of the route and across the city. Intercity coach services also stop at Edinburgh Bus Station, just a 10-minute walk from the start.

Bear in mind, the road race is likely to impact local bus routes so plan ahead. If you can, travel early before any disruptions start and enjoy all the other activities available in the area.

For more information and to plan your journey, visit Traveline Scotland.

**Walk, wheel & cycle**

Walking and cycling is the easiest way of getting around Edinburgh on race day and the best way to enjoy the atmosphere.

If travelling to Edinburgh by bike, there is secure cycle parking available behind the presentation podium and this will be signposted at the venue.

The cycle parking in the start area will be signposted as you approach and is suitable for adaptive bikes. We would strongly recommend that all bikes are parked in the Secure Cycle Parking for safety and to prevent damage in such a crowded space. The secure cycle parking area is located behind the podium and will be signposted on venue.

There is a local network of quiet cycling and walking routes, ideal for exploring different parts of the city. Find out more on The City of Edinburgh Council website.

There are cycle parking facilities across the city centre.

**Car**

Driving will be extremely difficult within Edinburgh and the surrounding area due to road restrictions and limited parking, so avoid using the car if you can. If you need to drive, please allow plenty of time for your journey and consider parking outside the city and completing your journey by train or tram.

**Road Closures:** Road closures will be in place within Edinburgh for the event.

**Accessible parking:** Limited pre-booked Blue Badge car parking will be available on Queen's Drive at the Duke's Walk end. This car park is approximately 600 metres from the start area. Information about booking your Blue Badge pass can be found on page 5 above.
There will be a spectator services area behind the sign-on podium where there will be toilets (including accessible toilets), water, merchandise and the cycle park.

All these areas are accessible.

There will also be some food and beverage outlets near the podium along with various stalls and merchandise for sale.

### LOCATIONS ON THE ROUTE

<table>
<thead>
<tr>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Men Elite Road Race</strong></td>
<td>The Men’s Elite Road Race passes through many different towns and villages in Fife, Clackmannanshire, Falkirk, Stirling and East Dunbartonshire before finishing in Glasgow. There’s no need to travel to the start or finish. Walk, cycle or take the train to your closest point to see the action.</td>
</tr>
</tbody>
</table>
| **Suggested viewing locations** | Rosyth (train) | Culross  
Kincardine | Falkirk (train)  
Denny | Carron Valley  
Crow Road | Lennoxtown  
Bearsden (train) | Hillfoot (train) |
<p>| For more information and to plan your journey, visit <a href="#">Traveline Scotland</a>. |
| <strong>Road closures</strong> | We strongly encourage you to leave the car at home. If you do need to drive, be aware there will be a rolling road closure along the race route – usually around 15 minutes before the arrival of the first rider until 10 minutes after the final riders – so plan ahead to reach your viewing point well before the cyclists are due to arrive. |</p>
<table>
<thead>
<tr>
<th>Parking</th>
<th>Bear in mind there will be parking restrictions along the route, vehicles parked on the route will be removed. Please park safely and responsibly checking in advance for any parking restrictions.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Respect the race</td>
<td>Watching the peloton whoosh by is a thrilling experience, but please be mindful of your safety and take care not to block the route or impede the progress of riders.</td>
</tr>
</tbody>
</table>
LOCH LOMOND - BALLOCH

Take a deep breath, clear your head and fall in love with a paradise of nature, wildlife, watersports, golf and cycling.

Balloch is the gateway to Scotland's first National Park and with its jewel-like lochs, beautifully framed by magnificent mountains, this area is a must-visit for lovers of the great outdoors.

RACE INFORMATION

The town of Balloch, Loch Lomond will host the starts of the Women Elite (including Women Under 23) Road Race and the Men Under 23 Road Race. The Men Under 23 Road Race starts at 11.30 on Saturday and the Women Elite (including Women Under 23) on Sunday at midday. Teams will be arriving from 09:00. They will sign-on and be presented to the public from 10.00 on Saturday 12 August and from 10:30 on Sunday 13 August.
## Men Under 23, Women Under 23 & Women Elite Road Races

The Men Under 23, Women Under 23 and Women Elite Road Races start in Balloch traversing through different towns and villages in West Dunbartonshire, Stirling and East Dunbartonshire before finishing in Glasgow.

There are many sustainable travel options to see the route at the start.

### When planning your journey

- Road traffic and travel updates are available on the [Traffic Scotland website](https://www.trafficscotland.scot).
- Public transport updates are available on the [Traveline Scotland website](https://www.travelinescotland.com) and on the Traveline Scotland app.
- You can also phone the **Traffic Customer Care Line on 0800 028 1414** for road travel information and **Traveline Scotland on 0141 465 1878** for public transport information.

### Location of start line

**Lomond Road, Balloch, G83 8LP (what3words///stance.powerful.musical)**

### Available modes

- **Rail**
- **Blue Badge parking**
- **Bus**
- **Walk, wheel & cycle**

### Rail

Balloch Station is immediately adjacent to the starting point for the Road Races. It offers direct services to Glasgow, including Partick, Charing Cross, Glasgow Queen Street and High Street, with Airdrie being the service’s final stop.

Balloch is easily accessible by train from Glasgow Queen Street Low Level station and a journey typically takes 50 minutes; from Edinburgh take a train to Helensburgh Central and switch at Dalmuir.

Balloch Station offers step-free access to platforms. Travel assistance is available if booked in advance.

For more information on travel by train, visit [National Rail](https://www.nationalrail.co.uk) or [ScotRail](https://www.scotrail.co.uk). For more information and to plan your journey, visit [Traveline Scotland](https://www.travelinescotland.com).

### Bus

Balloch has a good bus network with routes connecting Balloch to Glasgow, Alexandria and Helensburgh.

Bear in mind, the Road Races are likely to impact local bus routes, so plan ahead. If you can, travel early before any disruptions start and enjoy all the other activities available in the area.

For more information and to plan your journey, visit [Traveline Scotland](https://www.travelinescotland.com).
### Walk, wheel & cycle

Walking and cycling is the best way to enjoy the atmosphere on race day if you are local to Balloch.

National Cycle Network route 7 (NCN 7 – The Lochs & Glens Way) runs through the heart of the National Park and takes in classic Trossachs scenery en route. This route passes through Balloch and right under the start line.

### Car

Driving will be difficult within Balloch and the surrounding area due to road restrictions and limited parking, so avoid using the car if you can. If you need to drive, please allow plenty of time for your journey.

**Road closures:** Road closures will be in place within Balloch for the event.

Please note that Balloch Road will be closed on the morning of both races, so access to Balloch and to Loch Lomond Shores should be from the A82 side of the town. If you are approaching Balloch from the east, you will need to bypass the town centre by staying on the A811 and turning right at the McDonalds Roundabout towards Loch Lomond Shores.

**Parking and accessible parking:** There is no spectator parking for these events. If you do need to drive, park responsibly. Do not park on the race route, in laybys or on verges.

If you have to come by car, Balloch is accessible from the south but there will be limited parking. The easiest route being the A82, by making a right turn at the Stoneymollan roundabout. We recommend parking at Loch Lomond Shores, G83 8QL (what3words///advancing.waggled.misfits).
Baloch is a beautiful town with many thriving bars and cafés very close to the start line. We recommend taking advantage of these establishments if you need food or drink.

There will be a spectator services area behind the sign-on podium where there will be toilets (including accessible toilets), water, merchandise and the cycle park. ATMs are available in the town. All of these areas are accessible.

Public toilets, including accessible toilets, and Changing Places will be signposted and can be found in the area behind the sign-on podium.

**LOCATIONS ON THE ROUTE**

<table>
<thead>
<tr>
<th>Women Elite and Under 23 Road Races</th>
<th>The Road Race passes through many different towns and villages in West and East Dunbartonshire before finishing in Glasgow. There’s no need to travel to the start or finish. Walk, cycle or take the train to your closest point to see the action.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggested viewing locations</td>
<td>Drymen                                                                Balfron</td>
</tr>
<tr>
<td></td>
<td>Fintry                                                                 Crow Road</td>
</tr>
<tr>
<td></td>
<td>Lennoxtown                                                            Hillfoot (train)</td>
</tr>
<tr>
<td></td>
<td>Bearsden (train)</td>
</tr>
<tr>
<td></td>
<td>For more information and to plan your journey, visit Traveline Scotland.</td>
</tr>
<tr>
<td>Road closures</td>
<td>We strongly encourage you to leave the car at home. If you do need to drive, be aware there will be a rolling road closure along the race route – usually around 15 minutes before the arrival of the first rider until 10 minutes after the final riders – so plan ahead to reach your viewing point well before the cyclists are due to arrive.</td>
</tr>
</tbody>
</table>
Bear in mind there will be parking restrictions along the route, vehicles parked on the route will be removed. Please park safely and responsibly checking in advance for any parking restrictions.

Do not park on grass verges or on the route - any vehicles on the route may be removed.

Watching the peloton whoosh by is a thrilling experience, but please be mindful of your safety and take care not to block the route or impede the progress of riders.
A number of items are forbidden to bring on site, including:

- glass bottles
- bang bang sticks
- hand-waving flags
- flares, fireworks or sparklers
- foam fingers or cardboard hands
- balloons
- balloons

NHS 24’s summer health campaign page on NHS inform has great advice on how to stay well during the hotter months.

If you become unwell while visiting Scotland during the 2023 UCI Cycling World Championships or need help with urgent care (in an emergency dial 999) or minor injuries, details on how to get medications or where to access health and care services, you can get help and advice from NHS 24.

Stay safe and healthy while attending the World Championships, visit NHS inform or download the NHS 24 online app from the Apple Store or Google Play for quick, accurate and trusted health advice.
We have some top things to keep in mind so you, and others, can enjoy the races safely:

Routes will be marked with yellow advanced warning signs in the run up to the race. Please don’t park on the route on the day: if necessary, vehicles may have to be removed.

There will be an advance vehicle 10 minutes ahead of the race, keeping you up to date with what is happening in the event.

Please keep children back from the edge of the road and animals on a lead, away from the roadside. Riders pass by very quickly, and while we encourage support, please keep flags, objects, and photography equipment out of the road.

Remember, taking selfies is fun, but turning your back on the race is never a good idea. Please face the oncoming riders and race convoy at all times.

The race is escorted along the route by trained police officers and escort motorcyclists. If you are asked to stop or move out of the way by an officer, please listen carefully and obey their instructions.
• Whether you’re a visitor from Scotland or are travelling from across the UK or internationally, consider the area you are visiting and how best to plan and enjoy a responsible trip.

• Responsible tourism aims to make places better for people to live in and visit, maximising the positive benefits for everyone - spectators, visitors, local communities, businesses, and the environment.

• For more information and hints and tips, look at the sustainable travel section on VisitScotland.com.

• Many of the 2023 UCI Cycling World Championship events take place in or pass through rural areas, and the Scottish Outdoor Access Code (SOAC) is another useful reference point for guidance on how to engage responsibly with Scotland’s landscapes and local communities.